



110/12 Salonika Street, NT 0820, Australia

ABN: 14690982597

Phone: 0406 005 063

<http://vitachoice.org.au>

[vitachoice.clg@gmail.com](mailto:vitachoice.clg@gmail.com)

---

# Committee Meeting Minutes of VITACHOICE LTD

Meeting No: 003  
Date: 04/10/2025  
Time: 6:30am - 12:32 pm (Darwin Time)  
Place: 35 Brooking Circuit, Virginia, NT 0834  
Meeting ID:  
Password:  
URL:

Meeting Host: Bennie Spirit  
Minute Secretary: CAI, CHAOQUN  
Time Keeper: CAI, CHAOQUN



**Attendees**

(A=Apology, P= Present, L=Leave of Absence, Abs=Absent and Silent)

No	Name	Position	Attendance	Method
1.	BENNIE SPIRIT	Planner	P	in person
2.	Yuping HE	Managing Director	P	in person
3.	DAWN SPIRIT	Chairperson	P	in person
4.	Chengli LI	Marketing Manager (Chinese)	P	in person
5.	LE THI MY TRANG	Marketing Manager (Vietnamese)	P	in person
6.	Chaoqun CAI	Marketing Manager	P	in person
7.	Ximing ZHAO	Cook	P	in person

Attendance Report	
P	7
A	0
L	0
Abs	0
<b>Total</b>	<b>7</b>



Meeting open	Bennie Spirit opened the meeting at <b>6: 30 AM Darwin Time Zone.</b>
Apology	
Participant status	

## Reports and Proposal

Bennie SPIRIT	<p>TOPIC:</p> <p>Drafting VITACHOICE LTD Charity Activity Plan (24 months) for Registration application to ACNC</p>
Major Resolutions	<p><b>Topic: Drafting VITACHOICE LTD (VC) Charity Activity Plan (24 months) for Registration application to ACNC</b></p> <p>The planner Bennie Spirit led us to work on the draft of VC Charity Activity Plan in details:</p> <ul style="list-style-type: none"> <li>• 12 Months (Foundation): To bridge the scientific research-to-community gap by providing the resources for people to make vital health choices.</li> <li>• 24 Months (Growth): To create a resonant environment through evidence-based physical training and community support, enabling individuals and communities to naturally gravitate towards health, well-being.</li> </ul>
Minutes of the previous meeting	Committee Meeting 002 was confirmed.
Chairperson's comment	N/A
Future Program	To Be Confirmed
Meeting close	The meeting was declared closed at <b>12:32pm, Darwin Time Zone.</b>

### Confirmation of the minutes

This minute is a true and accurate record of the meeting.

Signed by:

Minutes prepared by: CAI, CHAOQUN